



CHRISTOPHER
OF VENICE

WEIGHT LIFTING
CLUB
Dinner Year

Weight Pen
for MEMBERS
use ONLY

REGULATIONS
CROSS OVER OR NO
BODY HAMMER IN
WEIGHT LIFTING AREA
NO SPITTING OR
NO SPITTING OR
NO SPITTING OR
NO SPITTING OR

“Muscle Beach,” an outdoor weightlifting
area along Ocean Front Walk.
Venice, California

Venice Postcard Co., 3710 Pacific Ave. #16, Venice, CA 90291

